



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

REDBUD- POOL SCHEDULE

VALID JAN 1, 2018 – MARCH 4, 2018

Pool Schedule	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool Hours: M-TH: 5:30 AM – 8:45 PM FRI: 5:30 AM – 7:45 PM SAT: 9:00 AM – 4:45 PM SUN: 12:00 PM – 4:45 PM Open Swim Times (Family Swim) MON - THUR 11:00 AM – 5:30 PM MON - THUR 7:00P – 8:45 PM FRI 11:00 AM – 7:45 PM Activities Multiple activities are often scheduled in this pool at the same time. Swim Lessons may be using open swim or lap swim areas at any time. Pool parties share space with open swim and lane swimming on the weekend. Special occasion swim may affect these hours, members will be updated accordingly. Swim Teams YMCA Tidal Wave 5:30 P – 7:30 P Lanes 1 – 4 MON – FRI No Swim Winter Break: Dec 18 – Jan 2 Wylie HS Swim Team 6:00 AM – 7:30 AM in Lanes 1 – 4 MON – THUR Lap Swimming Times & Tips Enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Swimming directions if there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format. <u>Schedule is subject to change without notice</u>	5:30 A – 6:00 A Lap Swim (Lanes 1 – 6)	5:30 A – 6:00 A Lap Swim (Lanes 1 – 6)	5:30 A – 6:00 A Lap Swim (Lanes 1 – 6)	5:30 A – 6:00 A Lap Swim (Lanes 1 – 6)	5:30 A – 6:00 A Lap Swim (Lanes 1 – 6)	9:00–4:45 Lap Swim (Lanes 1–5)	12:00–4:45 Lap Swim (Lanes 1–5)
	5:30 A – 9:00 A Open Swim (Lanes 7–8)	5:30 A – 9:00 A Open Swim (Lanes 7–8)	5:30 A – 9:00 A Open Swim (Lanes 7–8)	5:30 A – 9:00 A Open Swim (Lanes 7–8)	5:30 A – 9:00 A Open Swim (Lanes 6–8)	9:00 – 4:45 Open Swim (Lanes 6–8)	12:00 – 4:45 Open Swim (Lanes 6–8)
	6:00 A – 7:30 A Wylie HS (Lanes 1– 4)	6:00 A – 7:30 A Wylie HS (Lanes 1– 4)	6:00 A – 7:30 A Wylie HS (Lanes 1– 4)	6:00 A – 7:30 A Wylie HS (Lanes 1– 4)	6:00 A – 7:30 A Wylie HS (Lanes 1– 4)	Pool parties will share lane space with open swim on the weekends.	
	6:30 A – 7:30 A Lap Swim (Lanes 5 – 6)	6:30 A – 7:30 A Lap Swim (Lanes 5 – 6)	6:30 A – 7:30 A Lap Swim (Lanes 5 – 6)	6:30 A – 7:30 A Lap Swim (Lanes 5 – 6)			
	7:30 A – 9:00 A Lap Swim (Lanes 1 – 5)	7:30 A – 9:00 A Lap Swim (Lanes 1 – 5)	7:30 A – 9:00 A Lap Swim (Lanes 1 – 5)	7:30 A – 9:00 A Lap Swim (Lanes 1 – 5)	7:30 A – 9:00 A Lap Swim (Lanes 1 – 5)		
	9:00 A – 11:00 A Lap Swim (Lanes 2 – 4)**	9:00 A – 11:00 A Lap Swim (Lanes 2 – 4)**	9:00 A – 11:00 A Lap Swim (Lanes 2 – 4)**	9:00 A – 11:00 A Lap Swim (Lanes 2 – 4)**	9:00 A – 11:00 A Lap Swim (Lanes 1 – 4)		
	9:00 A – 10:00 A Water Aerobics Sandy (lanes 5–8)	9:00 A – 10:00 A Water Aerobics (lanes 5–8)	9:00 A – 10:00 A Water Aerobics (lanes 5–8)	9:00 A – 10:00 A Water Aerobics (lanes 5–8)	9:00 A – 10:00 A Water Aerobics Sandy (lanes 5–8)		
	10:00 A – 11:00 A Water Aerobics (lanes 5–8)	10:00 A – 11:00 A Water Aerobics (lanes 5–8)	10:00 A – 11:00 A Water Aerobics (lanes 5–8)	10:00 A – 11:00 A Water Aerobics (lanes 5–8)	10:00 A – 11:00 A Water Aerobics Sandy (lanes 5–8)		
	11:00 A – 5:30 P Lap Swim (Lanes 1 – 5)	11:00 A – 5:30 P Lap Swim (Lanes 1 – 5)	11:00 A – 5:30 P Lap Swim (Lanes 1 – 5)	11:00 A – 5:30 P Lap Swim (Lanes 1 – 5)	11:00 A – 5:30 P Lap Swim (Lanes 1 – 5)		
	11:00 A – 5:30 P Open Swim (Lanes 6–8)**	11:00 A – 5:30 P Open Swim (Lanes 6–8)**	11:00 A – 5:30 P Open Swim (Lanes 6–8)**	11:00 A – 5:30 P Open Swim (Lanes 6–8)**	11:00 A – 7:45 P Open Swim (Lanes 6–8)**		
	5:30 – 7:30 P Tidal Wave ST (Lanes 1 – 4)	5:30 – 7:30 P Tidal Wave ST (Lanes 1 – 4)	5:30 – 7:30 P Tidal Wave ST (Lanes 1 – 4)	5:30 – 7:30 P Tidal Wave ST (Lanes 1 – 4)	5:30 – 7:30 P Tidal Wave ST (Lanes 1 – 4)		
	6:00 P – 7:00 P Aqua Zumba Zumba Jason (Lane 6–8)	5:30 P – 6:30 P Water Aerobics Misty J (Lane 6–8)	6:00 P – 7:00P Aqua Zumba Zumba Jason (Lane 6–8)	5:30 P – 6:30 P Water Aerobics Misty J (Lane 6–8)			
	5:30 – 7:30 P Lap Swim (Lane 5)	5:30 – 7:30 P Lap Swim (Lane 5)	5:30 – 7:30 P Lap Swim (Lane 5)	5:30 – 7:30 P Lap Swim (Lane 5)		**Swim Lessons take place throughout the day and may be done in the open swim, lap or walking lane areas.	
	7:00 P – 8:45 P Open Swim (Lanes 6–8)	6:30 P – 8:45 P Open Swim (Lanes 6–8)	7:00 P – 8:45 P Open Swim (Lanes 6–8)	6:30 – 8:45 P Open Swim (Lanes 6–8)		Pool will 15 min prior to close to allow adequate time for facility closure.	

YMCA of Abilene - Redbud Family Center

3125 S.32nd Street Abilene, TX 79605 P 325-695-3400 WEB www.abileneymca.org



FOR YOUTH DEVELOPMENT®
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FOR SOCIAL RESPONSIBILITY

STATE STREET-POOL SCHEDULE

VALID JAN 1, 2018 – MARCH 4, 2018

Pool Schedule WINTER 2017 - 2018	Monday	Tuesday	Wednesday	Thursday	Friday
Pool Hours Mon., Tue., & Thur: 7:00 AM – 12:00 PM 4:00P – 7:00P Wednesday: 7:00 AM – 1:00 PM 4:00 PM – 7:00 PM Friday: 7:00 AM – 1:00 PM Sat-Sun: Closed Open Swim Times Open Swim is available during regular pool hours <u>EXCEPT during the water aerobics times.</u> Activities Multiple activities are often scheduled in this pool at the same time. Swim Lessons may be using open swim or lap swim areas at any time. Lap Swimming Tips Enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Directions If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format. Special occasion swim may affect these hours please see front desk for special occasion information. <u>Schedule is subject to change</u>	7:00 – 12:00 Lap Swim (Lane 1)	7:00 – 12:00 Lap Swim (Lane 1)	7:00 – 1:00 Lap Swim (Lane 1)	7:00 – 12:00 Lap Swim (Lane 1)	7:00 – 1:00 Lap Swim (Lane 1)
	9:00-9:45 Water Aerobics "Hydro-Tone" (lanes 1 – 4)	9:00-9:45 Water Aerobics "Hydro-Tone" (lanes 1 – 4)	9:00-9:45 Water Aerobics "Hydro-Tone" (lanes 1 – 4)	9:00-9:45 Water Aerobics "Hydro-Tone" (lanes 1 – 4)	9:00-9:45 Water Aerobics "Hydro-Tone" (lanes 1 – 4)
	9:45-10:30 Water Aerobics "Aqua Zumba" (lanes 1 – 4)	9:45-10:30 Water Aerobics "Aqua Zumba" (lanes 1 – 4)	9:45-10:30 Water Aerobics "Aqua Zumba" (lanes 1 – 4)	9:45-10:30 Water Aerobics "Aqua Zumba" (lanes 1 – 4)	9:45-10:30 Water Aerobics "Aqua Zumba" (lanes 1 – 4)
	10:30 – 12:00 Open Swim (Lanes 1 – 4)	10:30 – 12:00 Open Swim (Lanes 1 – 4)	10:30 – 1:00 Open Swim (Lanes 1 – 4)	10:30 – 12:00 Open Swim (Lanes 1 – 4)	10:30 – 1:00 Open Swim (Lanes 1 – 4)
	12:00 – 4:00 Pool Closed	12:00 – 4:00 Pool Closed	1:00 – 4:00 Pool Closed	12:00 – 4:00 Pool Closed	1:00 – 4:00 Pool Closed
	4:00 – 7:00 Lap Swim (Lane 1)	4:00 – 7:00 Lap Swim (Lane 1)	4:00 – 7:00 Lap Swim (Lane 1)	4:00 – 7:00 Lap Swim (Lane 1)	
	4:00 – 5:00 Open Swim (Lanes 1 – 4)	4:00 – 6:00 Open Swim (Lanes 1 – 4)	4:00 – 5:00 Open Swim (Lanes 1 – 4)	4:00 – 5:00 Open Swim (Lanes 1 – 4)	
	5:00 – 6:00 Water Aerobics "MS Aquatics" (Lanes 1 – 4)		5:00 – 6:00 Water Aerobics "MS Aquatics" (Lanes 1 – 4)	5:00 – 6:00 Water Aerobics "MS Aquatics" (Lanes 1 – 4)	
	6:00 – 7:00 Water Aerobics "Aqua Zumba" (Lanes 1 – 4)	6:00 – 7:00 Water Aerobics "H2O Pump" (Lanes 1 – 4)	6:00 – 7:00 Open Swim (Lanes 1 – 4)	6:00 – 7:00 Water Aerobics "Aqua Zumba" (Lanes 1 – 4)	

YMCA of Abilene - State Street Family Center

3250 State Street Abilene, TX 79605

P 325-677-8144 **WEB** www.abileneymca.org