



OUR GOAL

Our goal is to create a fun yet challenging Swim Team for various ages ranging from 5-13 year olds. It's our desire that our Tidal Wave swim team members have fun, push themselves and ultimately, become strong confident swimmers!

Meet Our Coach

Kelly McNamee will coach our Tidal Wave Swim Team. Kelly was born and raised in Colleyville, Texas, where she attended L.D. Bell High School. After high school, Kelly attended McMurry University and graduated early with a Multimedia and Graphic Design degree in 2016! While at McMurry, she was on the War Hawk swim team as well. Currently, besides coaching at the Y and teaching swim lessons, she is the head swim coach for AISD!

Meet Our Assistant Coach

Sarah Stephens will be our Tidal Wave Swim Team assistant coach. Sarah is currently a junior at McMurry University where she is studying psychology with a minor in criminology and philosophy. She plans on attending law school when finished at McMurry. Sarah is also on the McMurry War Hawk swim team!

Swim Team Overview

Tidal Wave Swim Team is a YMCA swimming program for members and non-members. We will have 2 separate seasons per year and each season will last for 3 months. Before each season we will offer 2 assessment dates that fit your schedule best. At these assessments our coaches will place each Tidal Swim Team member into 1 of 4 groups. (*group practice schedule listed*)

Payment Information:

- \$35 One Time Fee (Team Supplies)
- Cost: 3 Easy Payments (February, March & April)
 - \$75 per Month for Y Members (Monthly Draft)
 - \$100 per Month for Non-Members (Monthly Draft)

General Information:

- Practices will be on Tuesdays & Thursdays
- Practices will be held at the Redbud Y
- Swimmers are expected to be at every practice
- Swimmers are responsible for their own goggles, towels and fins
- Tidal Wave Swim Team registration includes; Coaching fees, Uniform, Entry Fees for Y Meets, 1 TW T-shirt, 1 TW Towel and 1 TW Swim Cap
- Tidal Wave Swim Team fee does NOT include; registration fee for USA Swim program, personal travel expenses, motel fees or food cost
- Parent(s) must attend the meet with their Tidal Wave swimmer

Season 1:

- The first season will be from 2/12 – 4/30
- We will practice Tuesdays and Thursdays (23 lessons)

Season 2:

- The second season will be from 5/14 – 7/18
- We will practice Tuesdays and Thursdays (23 lessons)

Assessments

All students that register for Tidal Wave Swim Team will automatically be on the team. Our coaches will place each team member in 1 of 4 different groups. Choose which Assessment date works best for you. Our coaches will determine which group / practice time each swimmer will be placed in after each assessment. At each assessment the coaches will take 3 swimmers at a time to work with them. Once your swimmer completes the assessment you will be free to leave.

Season 1 Assessment Dates:

- 2/5/19: Assessment option #1 5:00-7:00 PM at Redbud
- 2/7/19: Assessment option #2 5:00-7:00 PM at Redbud

Practice Schedule

- Group 1: 5:00-5:45pm (45 min)
- Group 2: 6:00-6:50pm (50 min)
- Group 3: 7:00-8:00pm (60 min)
- Group 4: 7:15-8:00pm (45 min)

First Season Event Calendar:

- 2/3/19: Last day to register for Season 1
- 2/5/19: Season 1 Tryouts 5:00-7:00 PM at Redbud
- 2/7/19: Season 1 Tryouts 5:00-7:00 PM at Redbud
- 2/10/19: Parent/Swimmer Meeting at 3:00 PM
- 2/12/19: First Practice
- 4/30/19: Last day of Practice
- TBD: First Meet
- TBD: Second Meet
- TBD: End of Season Party at PrimeTime

Tidal Wave Refund Policy

There will be NO refunds given except for relocation or a medical issue.