



# ADULT SWIM LESSONS



**Adult Swim Lessons** are designed for those individuals who wish to learn to swim or those who want to improve their technique. These lessons are also offered to any participant that wishes to continue to pursue their swim goals in a non-competitive environment. It is never too late to learn to swim or to learn a valuable skill. Here at the Y it is our foundational desire to teach kids and **ADULTS** how to swim and water safety. **We want YOU to LOVE the WATER & for YOU to feel confident when you are in or around the water!!**

## STRONG SWIMMERS – CONFIDENT ADULTS

We believe the ability to swim is a CRITICAL LIFE skill. Teaching swim lessons at the Y is something we love to do for kids and families... and something we take seriously! We use a variety of fun methods to help you overcome your fear, build confidence in the water and develop skills that last a lifetime. Our coaches emphasize personal safety, swimming skills, endurance and social skills guided with praise and encouragement.

The YMCA teaches more swim lessons across the nation for kids and families than any other organization!! Thank you for choosing and trusting the Abilene Y to teach you how to swim or to improve your strokes and stamina!

**PRIVATE/BUDDY Swim Lessons CLOSE the 25<sup>th</sup> of every month. Your instructor will contact you the following Sunday afternoon after church. Lessons will begin the first Monday of the upcoming month.**



**You May ONLY Register for Current Month that is Open**

☐ Jan    ☐ Feb    ☐ Mar    ☐ April    ☐ May    ☐ June  
☐ July    ☐ Aug    ☐ Sept    ☐ Oct    ☐ Nov    ☐ Dec

Participant's Name: \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Preferred Instructor: \_\_\_\_\_

**Private / Buddy Swim Lessons CLOSE the 25<sup>th</sup> of every month** Your instructor will contact you the following Sunday afternoon after church. Lessons will begin the first Monday of the upcoming month.

**Please Note:** Choosing multiple options will help us better serve you. Registration may temporally close if we are short staffed or have a high enrollment of Swim Lessons.

**Preferred Days:**    ☐ Monday    ☐ Tuesday    ☐ Wednesday    ☐ Thursday    ☐ Friday

☐ **Buddy Lessons:** Name of "Buddy" \_\_\_\_\_

### MEMBERS

#### **Private Swim Lessons**

☐ 4 PSL Members \$75  
☐ 8 PSL Members \$135

#### **Buddy Swim Lessons**

☐ 4 BSL Members \$50  
☐ 8 BSL Members \$95

### NON-MEMBERS

#### **Private Swim Lessons**

☐ 4 PSL Non-Member \$100  
☐ 8 PSL Non-Member \$200

#### **Buddy Swim Lessons**

☐ 4 BSL Non-Member \$75  
☐ 8 BSL Non-Member \$150

### **Private Swim Lesson Guidelines:**

1. All Swim Lessons must be paid for, in advance, prior to setting any appointments with instructor.
2. All regularly priced sessions must be used within ninety days (90) of purchase date. After 90 days, neither the instructor nor the YMCA is obligated to the client for the remaining sessions. **Note: Any exception to this may be considered upon written request and YMCA approval.**
3. Any special promotions expire in the fiscal year in which they were purchased.
4. Any cancellations (by either party, the YMCA member or instructor) must be made at least 24 hours in advance; however, either party may adjust this with prior written agreement.
5. If a 24 hour notice of cancellation by the member is not given, member will be charged for that session.
6. No refunds will be made unless member becomes disabled and unable to participate in Private Swim Lessons for 30 or more consecutive days. Such disability must be documented by a physician.
7. Unused sessions may be transferred to a family member or another member upon written request and YMCA approval.
8. We will not be able to accommodate allowances for late arrivals due to scheduling of other appointments. i.e. if member has a 10 a.m. appointment for a one hour training session and arrives at 10:10, the training session will still end at 11 a.m.

**I have read and agree to the above mentioned Private Swim Lesson Guidelines.**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

### **FRONT DESK ONLY:**

Receipt #: \_\_\_\_\_ Amount Pd: \_\_\_\_\_ Number of Sessions: \_\_\_\_\_

Date Registered: \_\_\_\_\_ Staff Name: \_\_\_\_\_

*Print Name*