



POOL SCHEDULE

Pool Hours
Monday - Thursday | 5:45 AM - 8:30 PM
Friday | 5:45 AM - 7:30 PM
Saturday | 11:00 AM - 4:00 PM

Monday	Tuesday	Wednesday	Thursday	Friday
WHS Swim Team 6:30 AM - 8:15 AM	WHS Swim Team 6:30 AM - 8:15 AM	WHS Swim Team 6:30 AM - 8:15 AM	WHS Swim Team 6:30 AM - 8:15 AM	WHS Swim Team 6:30 AM - 8:15 AM
	Deep Water - Sherry 8:00 AM - 8:45 AM		Deep Water - Nancy 8:00 AM - 8:45 AM	Deep Water - Becky 8:00 AM - 8:45 AM
Deep Water - Sandra 8:30 AM - 9:30 AM	Shallow Water - Sherry 9:00 AM - 10:00 AM	Deep Water - Sandra 8:30 AM - 9:30 AM	Shallow Water - Sherry 9:00 AM - 10:00 AM	Shallow Water - Cassie 9:00 AM - 10:00 AM
Deep Water - Sandra 9:30 AM - 10:30 AM		Deep Water - Sandra 9:30 AM - 10:30 AM		
WJH Swim Team 3:00 PM - 4:15 PM	WJH Swim Team 3:00 PM - 4:15 PM	WJH Swim Team 3:00 PM - 4:15 PM	WJH Swim Team 3:00 PM - 4:15 PM	WJH Swim Team 3:00 PM - 4:15 PM
	Deep Water - Misty 5:30 PM - 6:20 PM		Deep Water - Misty 5:30 PM - 6:20 PM	
Water Volleyball - Sherry 7:15 PM - 8:15 PM			Water Volleyball - Sherry 7:15 PM - 8:15 PM	

IMPORTANT: All classes are subject to change due to demand & participation. Also, for your safety, it is recommended you consult your physician prior to beginning any exercise program.

OPEN SWIM (FAMILY SWIM)

Monday & Thursday	11:00 AM - 3:00 PM
Tuesday & Wednesday	11:00 AM - 3:00 PM & 6:30 PM - 8:30 PM
Friday	11:00 AM - 3:00 PM & 4:30 PM - 7:30 PM
Saturday	11:00 AM - 4:00 PM

LAP SWIM TIMES

Monday - Thursday	5:45 AM - 6:30 AM All lanes open 6:30 AM - 8:30 AM All lanes closed 8:30 AM - 3:00 PM All lanes open 3:00 PM - 4:30 PM All lanes closed 5:00 PM - 6:30 PM Limited lanes open 6:30 PM - 8:30 PM All lanes open
Friday	5:45 AM - 6:30 AM All lanes open 6:30 AM - 8:30 AM All lanes closed 8:30 AM - 3:00 PM All lanes open 3:00 PM - 4:30 PM All lanes closed 5:00 PM - 6:30 PM Limited lanes open 6:30 PM - 7:30 PM All lanes open
Saturday	11:00 AM - 4:00 PM