



# POOL SCHEDULE

## SEPTEMBER 1- DECEMBER 31, 2024

**Pool Hours**  
**Monday – Thursday | 5:45 AM – 8:30 PM**  
**Friday | 5:45 AM – 7:30 PM**  
**Saturday | 11:00 AM – 4:00 PM**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>WHS Swim Team</b> 6:30 AM – 8:15 AM	<b>WHS Swim Team</b> 6:30 AM – 8:15 AM	<b>WHS Swim Team</b> 6:30 AM – 8:15 AM	<b>WHS Swim Team</b> 6:30 AM – 8:15 AM	<b>WHS Swim Team</b> 6:30 AM – 8:15 AM
<b>Deep Water – Sandra</b> 8:30 AM – 9:30 AM	<b>Deep Water – Sherry</b> 8:15 AM – 9:00 AM	<b>Deep Water – Sandra</b> 8:30 AM – 9:30 AM	<b>Deep Water – Nancy</b> 8:15 AM – 9:00 AM	<b>Deep Water – Becky</b> 8:15 AM – 9:15 AM
<b>Deep Water – Sandra</b> 9:30 AM – 10:30 AM	<b>Shallow Water – Sherry</b> 9:00 AM – 10:00 AM	<b>Deep Water – Sandra</b> 9:30 AM – 10:30 AM	<b>Shallow Water – Sherry</b> 9:00 AM – 10:00 AM	<b>Shallow Water – Cassie</b> 9:15 AM – 10:15 AM
<b>WJH Swim Team</b> 3:00 PM – 4:15 PM	<b>WJH Swim Team</b> 3:00 PM – 4:15 PM	<b>WJH Swim Team</b> 3:00 PM – 4:15 PM	<b>WJH Swim Team</b> 3:00 PM – 4:15 PM	<b>WJH Swim Team</b> 3:00 PM – 4:15 PM
<b>Y Swim Team</b> 5:00 PM – 6:30 PM	<b>Y Swim Team</b> 5:00 PM – 6:30 PM	<b>Y Swim Team</b> 5:00 PM – 6:30 PM	<b>Y Swim Team</b> 5:00 PM – 6:30 PM	<b>Y Swim Team</b> 5:00 PM – 6:30 PM
	<b>Deep Water – Misty</b> 5:30 PM – 6:20 PM		<b>Deep Water – Misty</b> 5:30 PM – 6:20 PM	
<b>Water Volleyball – Sherry</b> 7:15 PM – 8:15 PM			<b>Water Volleyball – Sherry</b> 7:15 PM – 8:15 PM	

**IMPORTANT:** All classes are subject to change due to demand & participation. Also, for your safety, it is recommended you consult your physician prior to beginning any exercise program.

## OPEN SWIM ( FAMILY SWIM)

Monday & Thursday	11:00 AM – 3:00 PM
Tuesday & Wednesday	11:00 AM – 3:00 PM & 6:30 PM – 8:30 PM
Friday	11:00 AM – 3:00 PM & 4:30 PM – 7:30 PM
Saturday	11:00 AM – 4:00 PM

## LAP SWIM TIMES

Monday – Thursday	5:45 AM – 6:30 AM   All lanes open <b>6:30 AM – 8:30 AM   All lanes closed</b> 8:30 AM – 3:00 PM   All lanes open <b>3:00 PM – 4:30 PM   All lanes closed</b> 5:00 PM – 6:30 PM   Limited lanes open 6:30 PM – 8:30 PM   All lanes open
Friday	5:45 AM – 6:30 AM   All lanes open <b>6:30 AM – 8:30 AM   All lanes closed</b> 8:30 AM – 3:00 PM   All lanes open <b>3:00 PM – 4:30 PM   All lanes closed</b> 5:00 PM – 6:30 PM   Limited lanes open 6:30 PM – 7:30 PM   All lanes open
Saturday	11:00 AM – 4:00 PM