



# YMCA of Abilene

## KARATE 2018

### REDBUD

Trey Bland  
3rd Degree  
Black Belt

### AGES 4 - 7

Tuesday &  
Thursday  
7-7:30pm  
Small Gym

### AGES 8 & UP

Tuesday &  
Thursday  
7:30 - 8:45pm  
Small Gym

COST PER CHILD or  
ADULT

**FREE**

WITH YMCA  
MEMBERSHIP

### YOUNG TIGERS

AGES 4 - 7  
INTRODUCTION TO  
SELF DEFENSE  
TECHNIQUES AND PHYSICAL  
FITNESS

### YOUTH

AGES 8 & UP & ADULTS  
SECOND LEVEL CLASS, FOCUS  
ON DEVELOPING STRENGTH,  
COORDINATION, & POWER



CLASSES AVAILABLE ALL YEAR

CALL 325.695.3400 or 325.677.8144

EMAIL [DREVOIR@ABILENEYMCA.ORG](mailto:DREVOIR@ABILENEYMCA.ORG)



# YMCA of ABILENE

## KARATE 2018

YMCA OF ABILENE KARATE REGISTRATION FORM  
**REGISTER IN PERSON**  
AT THE REDBUD OR STATE STREET FAMILY CENTER

Child's Name _____				
D.O.B. _____ School _____				
Address _____				
City _____ Zip _____				
Primary Contact _____ Phone Number _____				
Email Address _____				
Secondary Contact _____ Phone Number _____				
<b>Select Which Class (Please Circle One Below)</b>				
<table border="1"><tr><td><u>REDBUD:</u></td><td>AGES 4 - 7</td><td>AGES 8 &amp; UP</td></tr></table>		<u>REDBUD:</u>	AGES 4 - 7	AGES 8 & UP
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### YMCA POLICY & WAIVER

Photo Release: I hereby \_\_\_\_\_ give or \_\_\_\_\_ do not give my consent for my child to be photographed for publicity purposes (your child's photos will only be used for YMCA or United Way purposes).

By my signature and my free will, I do hereby agree to indemnify and save harmless the YMCA of Abilene from any and all claims or demands, costs or expense arising out of any injuries or damages sustained by me or any party to or for whom I am responsible.

Signature: \_\_\_\_\_