



# POOL SCHEDULE

## JUNE 1 – AUGUST 10 2025

**Pool Hours**  
**Monday – Thursday | 5:45 AM – 8:30 PM**  
**Friday | 5:45 AM – 7:30 PM**  
**Saturday | 11:00 AM – 4:00 PM**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Water Aerobics – Deep</b> 8:30 AM – 9:30 AM	<b>Water Aerobics – Deep</b> 8:15 AM – 9:15 AM	<b>Water Aerobics – Deep</b> 8:30 AM – 9:30 AM	<b>Water Aerobics – Deep</b> 8:15 AM – 9:15 AM	<b>Water Aerobics – Deep</b> 8:15 AM – 9:15 AM
<b>Water Aerobics – Deep</b> 9:30 AM – 10:30 AM	<b>Water Aerobics – Shallow</b> 9:15 AM – 10:15 AM	<b>Water Aerobics – Deep</b> 9:30 AM – 10:30 AM	<b>Water Aerobics – Shallow</b> 9:15 AM – 10:15 AM	<b>Water Aerobics – Shallow</b> 9:15 AM – 10:15 AM
<b>Y Summer Camp Kids</b> 10:30 AM – 11:30 AM	<b>Y Summer Camp Kids</b> 10:30 AM – 11:30 AM	<b>Y Summer Camp Kids</b> 10:30 AM – 11:30 AM	<b>Y Summer Camp Kids</b> 10:30 AM – 11:30 AM	<b>Y Summer Camp Kids</b> 10:30 AM – 11:30 AM
<b>Summer Swim Workouts</b> 11:30 AM – 1:00 PM	<b>Summer Swim Workouts</b> 11:30 AM – 1:00 PM	<b>Summer Swim Workouts</b> 11:30 AM – 1:00 PM	<b>Summer Swim Workouts</b> 11:30 AM – 1:00 PM	
<b>Y Club Swim Team</b> 5:00 PM – 6:00 PM	<b>Y Club Swim Team</b> 5:00 PM – 6:30 PM	<b>Y Club Swim Team</b> 5:00 PM – 6:00 PM	<b>Y Club Swim Team</b> 5:00 PM – 6:30 PM	
<b>Water Volleyball – Sherry</b> 7:00 PM – 8:00 PM	<b>Water Aerobics – Shallow</b> 5:30 PM – 6:20 PM		<b>Water Aerobics – Shallow</b> 5:30 PM – 6:20 PM <b>Water Volleyball – Sherry</b> 7:00 PM – 8:00 PM	

**IMPORTANT:** All classes are subject to change due to demand & participation. Also, for your safety, it is recommended you consult your physician prior to beginning any exercise program.

## OPEN SWIM ( FAMILY SWIM)

Monday – Thursday	1:00 PM – 4:30 PM & 6:30 PM – 8:30 PM
Friday	11:30 AM – 7:30 PM
Saturday	11:00 AM – 4:00 PM

## LAP SWIM TIMES

Monday – Thursday	5:45 AM – 11:30 AM   All lanes open <b>11:30 AM – 1:00 PM   All lanes closed</b> 1:00 PM – 5:00 PM   All lanes open <b>5:00 PM – 6:30 PM   All lanes closed</b> 6:30 PM – 8:30 PM   All lanes open
Friday	5:45 AM – 7:30 PM   All lanes open
Saturday	11:00 AM – 4:00 PM   All lanes open